



Hair and Dress Code

2023-2024 Dance Season

Ladies, Girls Ukrainian Dance

- Hair must be tied back in a neat bun. No ponytails. Bangs must be clipped back with hair clips
 or kept back with a headband. If your hair is too short to make a bun a headband must be worn
- Ladies must wear a bodysuit and ballet pink or black tights
- Fitted shorts or a dance skirt may be worn on top
- Only plain coloured, UAD, ADC, tour or festival tshirts are permitted. No logos or patterns please
- Pink or red ballet slippers as well as red boots for Arkan must be brought to every rehearsal

Men, Boys Ukrainian Dance

- Men or boys must have black tights. Shorts may be worn on top but need to be above the knee.
- Only plain coloured, UAD, ADC, tour or festival tshirts are permitted. No logos or patterns please
- Black jazz shoes and red boots for Arkan must be brought to every rehearsal

Ballet Classes

- Hair must be tied back in a neat bun. No ponytails. Bangs must be clipped back with hair clips
 or kept back with a headband. If your hair is too short to make a bun a headband must be worn
- Ladies must wear a bodysuit and ballet pink tights
- Fitted shorts or a dance skirt may be worn on top
- Pink ballet slippers are to be brought to every rehearsal.

Jazz

- Hair must be tied back in a ponytail. If your hair is too short to make a ponytail a headband must be worn.
- A bodysuit with shorts must be worn.
- Plain or patterned t-shirts or tanks may be worn on top. No logos please.
- Black jazz shoes must be brought to every class